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Channeled by: Rev. Mychael Shane

Master Lord Maitreya

Message Title: Pressure

Greetings My Children,

We in Shamballa and in the universe are very much aware that the time you are in presently is filled with pressure, stress, anxiety, tension and financial turmoil. I implore you not to feel alone as an individual, for this is happening to everyone. The reason is there is a process taking place in the evolution of your existence. There has been a vibration, a life force, around you called the *age of the male power*. Now the power has changed to the *age of the feminine power*. In order for you as a people and as a spirit to walk through the door of this change, it is required of you to remove all and everything that is connected to negative residue, such as anger, guilt, fear and sadness; to cut the chains once and for all to that which is not conducive to who you are. This is an "in time and on time" necessity. All of you will have to experience this in different capacities. In order to integrate into the feminine power, recognizing this has nothing to do with gender, more of an intergalactic spiritual life force and consciousness, one must learn to take responsibility. One must also create affirmations and everyday meditations allowing yourself to flow through the cosmic flame; cleansing your spirit so the connection to your physical will strengthen. Align your chakras so you may produce a higher level of an immune system allowing the species of human life to heal from all things. The physical is the easiest and the first to go, then we work on the mental, and then the emotional, which will be the hardest. Last but not least, you work and heal the spiritual; therefore, allowing the fleshy substance you call skin to dissipate; and an explosion of light, illuminating colors not yet experienced, will not only protrude into the 3rd dimension, but spread beyond the known universe. Once this energy calms you will notice you just created your light body, which will then for all eternity, connect to the vibrational body, body number eight (8). Now you will have the power to exist just like the angelic bodies. It is very important to you to utilize affirmations, so let me give you an example:

I Am the epitome of beauty

I Am the Lord thy God

I Am the Christ Consciousness

I Am Love

I cannot be removed from positive feelings for the negative does not exist

I Am the definition of happy and will move forward to help others feel the same

I have purpose

I Am necessary and my appearance in the physical body is the appearance of absolute perfection

I Am what I Am

I Am who I Am

I Am Love

As it is so, as it will always be

Amen

My children please take this opportunity to use my words. You will be welcomed in a place of many mansions of light. Your sadness will melt away, as will your anger, guilt and fear. There will be no hate, only love. There will be no war, only peace. And you will live with companionship, and be held and

treated with the utmost softness the heart can create and offer. I promise you this for I live in this vibration every day. Create beauty in this world. Give an act of kindness to someone. Help a stranger. Give of what you can to those that have not. Tithe to the heart and not to religion, for when you give to yourself happiness your religion becomes your way of life and God's heart grows. I wish to end this by saying to you all, there are no mistakes and you have done nothing wrong. I am proud of each and every one of you. Keep the high mind and live in high heart. I love you for all time.

Namaste,

Lord Maitreya